

Week 1				
Gluten & Dairy Free Menu				
Monday	Tuesday	Wednesday	Thursday	Meat Free Friday
Gluten Free Fish Fingers with Diced Potatoes <i>Gluten Free TR Code: 01652</i>	BBQ Chicken with Rice	Roast British Gammon <i>No Yorkshire Pudding</i>	Lemon & Garlic Chicken with Wedges	Gluten Free Fish Fingers with Oven Baked Chips <i>Gluten Free TR Code: 01652</i>
Jacket Potato with a Choice of Toppings: <i>Baked Beans (VE) or Tuna (with No Mayo) or Vegan Cheese (TR Code: 04070u)</i>	Rustic Italian Meatalls <i>Gluten Free Pasta TR Code: 68174u</i>	Tomato Pasta (V) <i>Gluten Free Pasta TR Code: 68174u</i> <i>No cheese</i>	Jacket Potato with Baked Beans (VE)	Gluten Free Wrap (06246) <i>(Ham or Tuna with No Mayo or VE Cheese)</i> <i>Vegan Cheese TR Code: 04070u</i>
			Margherita Pizza with Wedges (V) <i>Gluten Free Base Code: 01502</i> <i>No Cheese unless its Vegan</i> <i>Cheese TR Code: 04070u</i>	
Farmhouse Mixed Vegetables	Sweetcorn	Carrots	Coleslaw	Peas
Baked Beans	Broccoli	Spring Greens	Sweetcorn	Cauliflower
Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie	Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie	Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie	Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie	Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie

Gluten Free Pizza Base Allergens: N/A

Gluten Free Wrap (06246) Allergens: N/A

Gluten Free Pasta (68174) Allergens: N/A

Vegan Violife Grated Cheese (04070u) Allergens: N/A

Week 2				
Gluten & Dairy Free Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
Gluten Free Wrap <i>(Ham or Tuna with No Mayo or VE Cheese)</i> Vegan Cheese TR Code: 04070u	Plain Chicken with Rice	Traditional Roast Turkey No Yorkshire Pudding	Sticky Chicken with Rice	Gluten Free Fish Fingers with Oven Baked Chips Gluten Free TR Code: 01652
Tomato Pasta (V) Gluten Free Pasta TR Code: 68174u <i>No cheese unless its Vegan Cheese</i>	Jacket Potato with a Choice of Toppings: Baked Beans (VE) or Tuna (with No Mayo) or Vegan Cheese (TR Code: 04070u)	Tomato Pasta (V) Gluten Free Pasta TR Code: 68174u <i>No cheese unless its Vegan Cheese</i>	Gluten Free Wrap (06246) (Ham or Tuna with No Mayo or VE Cheese) Vegan Cheese TR Code: 04070u	Jacket Potato with a Choice of Toppings: Baked Beans (VE) or Tuna (with No Mayo) or Vegan Cheese (TR Code: 04070u)
Peas	Farmhouse Veg	Cabbage	Broccoli	Cauliflower
Sweetcorn	Baked Beans	Carrots	Sweetcorn	Peas
Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie	Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie	Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie	Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie	Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie

Gluten Free Pizza Base Allergens: N/A
Gluten Free Wrap (06246) Allergens: N/A
Gluten Free Pasta (68174) Allergens: N/A
Vegan Violife Grated Cheese (04070u) Allergens: N/A

Week 3				
Gluten & Dairy Free Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
Gluten Free Fish Fingers with Wedges <i>Gluten Free TR Code: 01652</i>		Roast Chicken With No Yorkshire Pudding Only Simply Mash!	Southern Style Chicken with Potato Dippers	Gluten Free Fish Fingers with Oven Baked Chips <i>Gluten Free TR Code: 01652</i>
Sweet Chilli Chicken Pasta <i>Gluten Free Pasta TR Code: 68174u</i>	Jacket Potato with a Choice of Toppings: Baked Beans (VE) or Tuna (with No Mayo) or Vegan Cheese (TR Code: 04070u)	Tomato Pasta (V) <i>Gluten Free Pasta TR Code: 68174u No cheese</i>	Gluten Free Wrap (06246) (Ham or Tuna with No Mayo or VE Cheese) Vegan Cheese TR Code: 04070u	Rice Lentil & Vegetable Dhal (VE)
	Margherita Pizza (V) with Gluten Free Pasta <i>Gluten Free Base Code: 01502 No Cheese unless its Vegan Cheese TR Code: 04070u</i>			
Sweetcorn	Farmhouse Veg	Carrots	Sweetcorn	Peas
Green Beans	Peas	Broccoli	Baked Beans	Cauliflower
Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie	Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie	Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie	Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie	Fresh Fruit/ Fruit Jelly/ Iced Fruit Smoothie

Gluten Free Pizza Base Allergens: N/A
Gluten Free Wrap (06246) Allergens: N/A
Gluten Free Pasta (68174) Allergens: N/A
Vegan Violife Grated Cheese (04070u) Allergens: N/A